Kids Menu

Mac 'N' Cheese £4.95 Cheese or Beans Jacket Potato £5.25 Hot Dog & Tomato Ketchup £4.50 Chicken Nuggets & Chips £4.95 1/2 Cheese or Ham Sandwich £2.50 Beef Burger & Fries £4.95 (plain, No cheese or salad) Soup of The Day £3.75 Swedish Meatball Marinara, Chips & Cheese £4.95

Vegan Options

Huera Vegan Sausage	£3.95
Morning Roll	
Jacket Potato with	£8.50
Roasted Vegetables & Salad or	
Vegan Chilli	£8.95
Simon Howie Vegan Burger,	F9 90
Salad & Chips	£8.95
Stone Baked Ciabatta with	£0.95
Sausage & Cheese or Roasted	
Vegetables & Cheese	£8.95
Nachos with Vegan Chilli,	
Cheese, Guacamole & Salad	£5.95
Homemade Soup Of The Day	

CHILDRENS LUNCH BOX - £5.95 Sandwich, Juice, Pombear CriSpS, Freddo Chocolate & FreSh Fruit Please order at the counter Apple or Orange Carton Juice & Cheese or Ham Sandwich

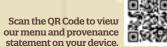
Shielings Cafe

> "We source all of our produce from Scottish local suppliers where possible ensuring the freshest ingredients and supporting local business"

SHIELINGS

Food & Drinks

Menu



Choose from Bacon, Sausage, Haggis, Hash Brown Scrambled Egg or Potato Scone.

Breakfast

Single Filling	£3.95
Double Filling	£4.95
Triple Filling	£5.95
Toast, Butter & Jam	£3.95
Baked Beans & Toast	£3.50

Hot Food

	£5.95
Homemade Soup of The Day	182 1
& Roll (Served from the counter – Suitable for	Vegan)
Hot Dog & Chips	£6.50
Cheese Burger, Salad & Chips	£9.50
Chicken Burger, Salad & Chips	£9.50
Chicken Goujons & Chips	£9.50
	£9.50
Scampi & Chips	£8.95
Macaroni Cheese, Salad & Fries	£4.95
Chips	£5.50
Chips & Cheese	£3.30

MILK

Please note that GM soya is present in our cooking oil.

Cold Drinks

Can Juice - £2.40 Carton Juice - £2.10 Simply Fruity - £2.10 Water - £2.20 (still or sparkling) Plastic Juice Bottle £2.95 Glass Juice Bottle £2.95

Hot Drinks

Oat & Coconut Milk available. Decaffeinated Coffee available.

1		
	Americano	£3.25
	Espresso	£2.50
	Cappuccino	£3.85
	Latte	£3.85
	Flat White	£3.85
	Mocha	£4.25
	Hot Chocolate	£3.95
	Luxury Hot Chocolate	£4.50
	Kids Hot Chocolate	£3.70
ł	Children's Warm milk	£1.25
	Scottish Breakfast Tea	£3.25
1	Flavoured Tea	£3.50
j	Syrup	£0.80
	Extra Shot	£0.50
	and the second	

Freshly Cut Sandwiches Free Bread Available

Gluten

the second s	1.1
Freshly cut sandwiches served on malt sandwich bread with fresh salad garnis	
Cheddar Cheese Smoked Ham	£5.95
Cheddar Cheese & Ham Cheddar Cheese & Tomato	£6.50
Ham Salad	£7.75
Chicken, Bacon, Mayonnaise & Leav Coronation Chicken & Leaves Tuna Mayonnaise & Cucumber Brie, Apple & Cranberry	es
Price a cramberry	

Grilled Hot Ciabatta £9.50

Served with fresh salad garnish Cheddar Cheese & Smoked Ham Brie, Apple & Cranberry Bacon. Brie & Cranberry **Coronation Chicken** Chicken, Bacon, Mayonnaise & Cheese Pesto, Sun Dried Tomato & Brie **Tuna Mayonnaise & Cheese** Swedish Meatball Marinara & Cheddar Cheese

We have a selection of **Gluten Free & Vegan** cakes available.

Any allergies or dietary requirements please speak with your server. Note that GM soya is present in our cooking oil.

Take away available.

Jacket Polato £9.75

Served with fresh salad garnish Cheddar Cheese & Baked Beans Tuna Mayonnaise Chicken, Bacon & Mayonnaise **Coronation Chicken Roasted Vegetables** Swedish Meatball Marinara & Cheddar Cheese

Toasted Sandwiches

salad garnish

Served on malted sandwich bread with fresh

Gluten Free Bread Available

4	
Cheddar Cheese	£6.25
Smoked Ham	£6.25
Cheddar Cheese &	£8.50
Smoked Ham	
Cheddar Cheese & Onion	£8.50
Cheddar Cheese & Haggis	£8.50
Chicken, Bacon & Mayonnaise	£8.50
Bacon, Brie & Cranberry	£8.50